

RUACH

"The Spirit of Karate"



Competition

Sunday 28th October 2012

Tudor Grange Leisure Centre

Blossomfield Rd Solihull B91 1NB

Registration 9am First event starts 10am

Please fill out the following entry form and give this with your **£8 fee** for one event or **£15.00** for multiple events to your Sensei. This will cover you to enter as many categories as you like. Spectators are free. Your form should be returned by the 21st October.. Also, as a quick reminder, please do not forget to bring your protective clothing, headguard; mits, groin guard and gum shield.

Good luck and see you there. *Sensei*

Name: _____ Age _____

Club

Categories	White to Yellow Belt	Green to Purple and White Belt	Brown to Black Belt
Kata			
Age 5 to 10			
Age 11 to 16			
Adults			
Team Kata			
Open Age			
Sambon Kumite			
Age 5 to 10			
Age 11 to 16			
Adults			
Ippon Kumite			
Age 5 to 10			
Age 11 to 16			
Adults			
Ju Kumite	- Yellow belt and above only		
Age 5 to 10			
Age 11 to 16			
Adults			
Bo			
Open Age			

Name: _____

I enclose the correct entry fee and agree that this is a karate competition so accept that injuries may occur. I will act with respect and fight with control at all times.

Signed Student/Parent _____

