



Over from Hawaii, Sensei Sean Roberts
European and British Kata champion
will be holding the following courses for MBKD Southern



bushidokarate.co.uk

Thursday 21st August

Roundwood Park School

Harpenden, Gymnasium. Roundwood Park, Harpenden, Herts AL5 3AE

5.30pm to 6.00pm Normal lesson Tiny Tigers

6.00pm to 7.00pm Normal lesson All Grades (incl Brown and Black belts)

7.00pm to 8.30pm Sean Roberts Course All Grades (incl Tiny Tigers)

Friday 22nd August

Breakspeare School, Gallows Hill Lane, Abbots Langley, Herts, WD5 0BU

4.30pm to 5.00pm Normal lesson Tiny Tigers

5.00pm to 6.00pm Normal lesson All Grades (incl Brown and Black belts)

6.00pm to 7.30pm Sean Roberts Course All Grades (incl Tiny Tigers)

Sunday 24th August

Gadebridge Community Centre,

The Nokes, Rossgate, Gadebridge, Hemel Hempstead, Herts, HP1 3LF

10.00am to 10.30am Normal lesson Tiny Tigers

10.30am to 12 noon Sean Roberts Course All Grades (incl Tiny Tigers)

Cost for Sean Roberts Course

£10 individual

£25 for family of three or more

(If you want to do more than one course you can pay for two and get the third one free!)

SEE YOUR SENSEI TO BOOK ON COURSE

Any missed classes please make up lessons, for alternative venue or times see website